



Sound Therapy with Tuning Forks

Healing with sound! An exciting technique that uses distinct sound frequencies that resonate with our body and energy field to balance disturbances.

“**Biofield Tuning** is a unique non-medical therapeutic method that uses sound waves produced by tuning forks in the bio-magnetic field, or biofield, that surrounds the human body. **Biofield Tuning** was developed by pioneering researcher and practitioner Eileen Day McKusick and is based on her 20 years of clinical inquiry into the Biofield Anatomy.

It is a simple, non-invasive, and efficient method that can produce profound and powerful outcomes.”

<https://biofieldtuning.com/>

Treatment options available:

- **Field Combing Technique**

With this technique, the biofield is “combed” with a vibrating tuning fork in order to shift the rhythms and patterns of the body’s electrical system. The coherent input of a tuning fork gently supports the body in recognizing and correcting its own vibrational imbalances. Our job, as practitioners, is to simply find the noise and resistance in the biofield and stay with it until the body autocorrects.

- **Adrenal Rhythm Reset**

A simple and powerful way to help the body cope with adrenal fatigue. Our modern lifestyle often results in overstressed adrenal glands, which affects different aspects of our lives in ways that often goes unnoticed.

- **Sonic Meridian Flush**

A very effective way to move energy through the whole system, physically and energetically. It is deeply relaxing and aids in shifting perception and perspective.

- **Target Specific Organs and Bones**

Each energy center is home to a variety of organs and skeletal structures, all of which have their own frequencies, rhythms, and fields. While Biofield Tuning is not meant to be a substitute for medical treatment by a licensed clinician or doctor, work on specific trouble spots can correct and balance the energy flow to facilitate healing.

- **Wheel Spoke**

A method that entails combing the energy field from all directions, balancing and correcting congested areas with a lighter touch than is used in a full Field Combing. It is not meant to be comprehensive, but primarily diagnostic and relaxing.

- **Chair Session**

This option is brief and straightforward, providing information about larger issues stored in the energy field. It focuses on the front and back of the throat and heart, with attention given to the shoulders during the process.

- **Palm Tuning**

The palm is the home of minor chakras. Work here can provide information about willingness to receive, a feeling of powerlessness, and how a person feels about their self-worth.

- **Distance Sessions**

Because our biofields are holographic in nature, we are able to imagine or intend to do a Biofield Tuning session just as we would in person, by "placing" the recipient's body or hologram on the table. The same processes and techniques listed above can find the same distortions and make the needed corrections. Distance sessions can be conducted live over the phone or Skype, or by just connecting with intention for the session and talking about it afterwards.

More information about tools and techniques is available through my website, including fees for sessions: <http://www.susanshinsky.com/>

You are also welcome to email with questions:
susanshinsky@gmail.com

I am also available for phone consults and questions:
210-788-0455



Thank you! *Susan Shinsky*